



War Prayer Sheet

(Deliverance Prayer Phraseologies)

Declare war every day against the enemy. Use the following warfare prayer phraseologies daily as a part of your self-deliverance home care. Don't accept Satan's plans for your life. Wrestle and war against him—all war all the time! Do not fear or be discouraged because *you* have already been given the *victory* in the Name of your Savior Jesus (2 Chronicles 20:17).

Before commencing, list the demonic families that have been coming against you the most. Use your discernment and look for generational patterns. Consult the Holy Spirit, and identify the evil spirits that are most active in your life. These are the demons that have been given spiritual assignments to steal, kill, and destroy you (or someone or something under your authority). At the end of this document, there is a handy list of the most common ones.

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Once you have made your list, declare war on these foul spirits by filling in the blanks and *declaring with authority* the following prayer phraseologies. Declare the following in full understanding of your authority over all demon spirits. Declare everything by the authority that you have been given in Jesus Christ (Luke 10:19, Matthew 10:1, etc.).

Finally, remember that we break the power of the devil by our *repentance*. Repentance is the key to getting set free from the demons (2 Timothy 2:24-26). We repent of our own sins, the sins that were done against us, and the sins that we were connected to via ungodly soul-ties.

War Prayer Phraseologies

Fill in the blanks with the **name of the spirit** you are coming against. Pray the following only if you are born again in Jesus Christ.

- **I repent of _____. (The sin that is related to the curse)**
- **I resist _____.**
- **I come out of agreement with _____.**
- **I break the hold of _____ over me/ my son/ daughter/ wife/ marriage/ business/ etc.**
- **I cut off _____ from its function! (Every demon has some function)**
- **I bind _____.**
- **I loose _____ from me/ my son/ daughter/ wife/ marriage/ business/ etc.**
- 2 • **By my repentance and by my authority in Jesus Christ, I break the curse of _____ over me/ my son/ daughter/ wife/ marriage/ business/ etc., in the Name of Jesus.**
- **Lord, send Your angels to smite _____. Satan, be smitten!**
- **I send the holy fire against you Satan. It torments you! It consumes you! _____ be burned, in the Name of Jesus!**
- **I command _____ to go from me/my son/ daughter/ wife/ marriage/ business/ etc. Go, _____, in the Name of Jesus! Come out of me in the Name of Jesus!**

When working with small children, you can use the expressions "Heaviness" and "Darkness" instead of the names of specific demons.

- **Holy Spirit, fill every place vacated by the demons! Fill me with Your Spirit and heal me from whatever the enemy did.**
- **I cover _____ myself/ my son/ daughter/ wife/ marriage/ business/ etc. with the Blood of Jesus. I put a hedge of protection around _____. Satan cannot touch _____. Satan cannot touch God's anointed!**

Prophetic Acts Using the Sword of the Spirit

Our Physical Bibles Are Physical Representations of the Sword of the Spirit

- Use your physical Bible as a sword to “cut” around your body (or the person over whom you have authority) to prophetically remove fiery darts, infirmities and to loose demons that are embedded in certain parts of your body, such as the back, head, heart, thyroid, ovaries, etc.
- Hold your Bible at the ends with both hands. Position your Bible in the reproductive area so that the “blade” of your sword is perpendicular to your body. Start in the reproductive area and rake your Bible upwards all the way to the tip of your chin. While you do this, command demons and sickness to go. As you rake upwards, declare, “Up, up, up, out!” In our ministry, we call this “Bible up and out!”

Holy Communion

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Take Holy Communion daily. Read John 6:47-48 before taking the elements. Remember that by your faith, the bread and the wine **are** the body and Blood of Jesus. Holy Communion is the meal that heals (and delivers!). Physical healing and demonic expulsion can and do occur just by taking the elements of Holy Communion.

As a believer in Christ, you can take Holy Communion on your own. You do need a “priest” or to be “ordained” in order to do so. In fact, in the New Covenant, we are all royal priests, fully capable of dealing directly with our High Priest, Jesus, and, in His Name, we can go boldly and confidently right to the Father.

Christian Walk

If you are going to successfully wage war against the demons that have been assigned against you, you must eat plenty of spiritual food. You cannot go into battle while being spiritually emaciated. Therefore, you cannot neglect to eat the following spiritual foods:

- Prayer (focus on repentance and asking to be filled with the Holy Spirit)
- Holy Communion (see above)
- Fasting
- Worship (leverage the power of YouTube for this; we highly recommend *DappyTKeys*)
- Fellowship (you cannot be isolated as you wage spiritual war)
- Bible reading (you must hear God’s word daily; feed from it regularly)

The Most Common Demonic Families

- Satan
- Lucifer (includes Freemasonry)
- Jezebel
- Witchcraft (includes New Age, the Occult, etc.)
- Idolatry
- Pride
- Fear
- Anger (includes Murder, Hate, Revenge, etc.)
- Unsound Mind
- Mind Control
- Rejection
- Abuse
- Drug
- Death (includes Sickness, Poverty, Failure, etc.)
- Sexual Perversion

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We invite you to schedule an appointment with one of our Counselors on our website at: www.respiteforchange.com if you are finding it difficult to walk in this season of spiritual warfare by yourself and need someone to support you in the journey and walk with you.